

Course Title	Family Psychology				
Course Code	CDPA-204				
Course Type	Required				
Level	Diploma				
Year/ Semester of study	2 nd Year/1 st Semester				
Lecturer's Name	TBA				
ECTS	6	Lectures/Week	3 hours per week	Laboratories / Week	N/A
Course Aim	This course provides the basis for the understanding of different perspectives within the field of Psychology, including a review of its theoretical and methodological domains as a discipline and a review of the role of biology as a basis for understanding people. Through this course students are invited to develop their own personal development profile. The basic assumption of this course is that detailed knowledge of family life is necessary for effective family counseling, family therapy and psychological work with families in general. The main aim of this course is to provide the students with good orientation in family issues and the ability to see families from the systems approach point of view.				
Learning Outcomes	• Outline the general areas of psychology dealing with various issues in this field • Gain a good understanding of the field of psychology, including current views and controversies as well as its methodology • Understand contemporary theories and interpretations of human behavior • Get a basic understanding of scientific methods of research • Discuss using scientific terms, phenomena of everyday life, and become open-minded regarding human normality-abnormality • Appreciate that understanding any real human behavior requires a multi-perspective approach • Apply family psychology concepts to everyday family life in order to gain a deeper insight into options how to help families.				
Prerequisites	None	Corequisites	NONE		
Course Content	Introduction to Psychology				

	Human Consciousness Human Development Learning Behaviour-Classical Conditioning (emotions) Memory Motivation Emotion Stress Family psychology Methodological particularities and current trends in family research Principles of family assessment Clinical and test methods in family assessment Family stress, family crisis Family coping strategies Family resilience, its research and importance Practical applications: strengthening family resilience		
Lecturing Methodology	The course is delivered through lectures, discussion, assignments, presentations, case studies and laboratory applications.		
Bibliography	Required: Walsh, Froma (red) (2011), Normal family processes: Growing diversity and complexity. 4 edition. New York: Guilford Kalat, J. (2013, 10 th ed.), <u>Introduction to Psychology</u> , Cengage Learning, ISBN-13: 978-1133956600 Recommended: Santrock John, Psychology, 7th/ed, 2004, McGraw Hill. ISBN: 0-07-111190-5 Cooper, Neil. An Introduction to Psychological Studies. London: Sage Publications, 2013. ISBN-10: 1849204063 Myers David, Psychology, New York, Worth Publishers, 2001		
Assessment Policy		50 % 0 – 40 % 0 – 20 % 0 – 10 %	Final Exam Mid –Term / Tests / Quizzes Homework Class Attendance & Participation
Language	ENGLISH		